

Breakfast

seashells

Lunch

lounge bar & restaurant

served between 10am & 12 noon

SEASHELLS' BREAKFAST £12
bacon, sausage, egg, hash brown, beans, tomato,
mushroom, fried bread
add black pudding £1.5

VEGETARIAN BREAKFAST (v) £11.5
two eggs, two hash browns, beans, tomato, mushrooms, toast

SMALL BREAKFAST £8.5
bacon, sausage, egg, hash brown, beans

SCRAMBLED EGGS (v) £8
on toast, choice of white bloomer or sourdough

SMOKED SALMON & SCRAMBLED EGGS £12
on toast, choice of white bloomer or sourdough

EGGS BENEDICT £10
two poached eggs & bacon on a toasted muffin with hollandaise sauce

EGGS ROYALE £10
two poached eggs & smoked salmon on a toasted muffin
with hollandaise sauce

SMASHED AVOCADO (v) £10
smashed avocado & two poached eggs on sourdough toast
with cherry tomatoes

TOAST & PRESERVE (v) £3
white bloomer or sourdough, strawberry jam or marmalade

ADDITIONAL ITEMS
Sorry, strictly no swaps or alterations to our dishes above, however we can
add items as follows:

**BLACK PUDDING, MUSHROOMS, GRILLED TOMATO
BEANS, FRIED EGG, POACHED EGG, HASH BROWN
FRIED BREAD** £1.5

BACON RASHER, SAUSAGE, TOAST £2

Breakfast Rolls

toasted soft brioche bun

BACON	£6.5
BACON & EGG	£7.5
SAUSAGE	£6.5
SAUSAGE & EGG	£7.5
BREAKFAST IN A BUN	£8.5

bacon, sausage, egg, & hash brown

served between 12 noon & 6pm

BACON & BRIE OMELETTE £12
mixed salad & coleslaw
add chips £3

CHEDDAR & MUSHROOM OMELETTE (v) £12
mixed salad & coleslaw
add chips £3

FISH & CHIPS £17.5
crispy battered fish, with chips & peas

HUNTER'S CHICKEN BURGER £17
bacon, cheese & bbq sauce topped chicken breast
in a brioche bun, chips & coleslaw

CHEESE BURGER £17
6oz cheese topped beef burger, lettuce, tomato,
red onion chutney in a brioche bun, chips & coleslaw

Lunch Sandwiches

toasted ciabatta bread with a side order of chips

B.L.T. (bacon, lettuce, tomato)	£12.5
PRAWN WITH MARIE ROSE SAUCE	£12.5
ROAST BEEF & HORSERADISH	£12.5
BRIE & CRANBERRY (v)	£11.5
BACON, BRIE & CRANBERRY	£12.5
CHICKEN WITH GARLIC MAYO	£12.5
SMOKED SALMON & AVOCADO	£13.5

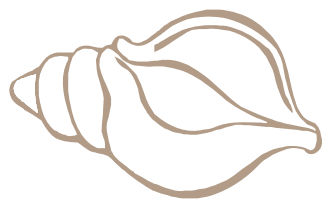
Kids' Menu ... under 12s only

PORK SAUSAGE & MASH £8.5 locally made sausage with fluffy mash & beans
CHICKEN NUGGETS £8.5 three chicken breast nuggets served with chips & beans
TOMATO LINGUINE (v) (ve) £7.5 flat noodles of Italian pasta with a fresh tomato napolitana sauce
FISH FINGERS £8.5 two crispy breaded fish fingers, with chips & peas

Please note: We operate a bar ordering system.
All orders & payments can be made via your table QR code or at the bar.

Our dishes are cooked fresh to order, which may cause a delay during busy periods.
Menu items remain subject to daily demand & availability.
Please inform your server of any food allergies you may have before ordering.
We cannot guarantee that any of our dishes do not contain nuts.

Eat Drink Enjoy



Main Menu

seashells

lounge bar & restaurant

served from
12 noon

While you wait

OLIVES (v) (vg)	£5	GARLIC BREAD (v)	£4	GARLIC BREAD WITH CHEESE (v)	£5
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Starters

SOUP with garlic croutons (V) (see our specials board for flavour) add bread & butter £1.5	£6.5	CALAMARI lightly fried, served with a salad garnish & garlic mayo	£9.5 / £17
PRAWN & AVOCADO SALAD in Marie Rose sauce on a dressed mixed leaf salad	£8	MOULES MARINIÈRE fresh River Teign mussels steamed in a creamy white wine, onion & garlic sauce, served with a side of garlic bread	£9.5 / £17
BRIE BITES (v) crispy breaded brie, served on a sweet redcurrant sauce	£9.5	WILD MUSHROOM RISOTTO (v) topped with parmigiana & extra virgin olive oil	£9 / £16
WHITEBAIT breaded, served on a mixed leaf salad with lemon & parsley mayo	£9	GOATS' CHEESE & BEETROOT SALAD (v) warm beetroot, goats' cheese & rocket salad topped with a balsamic & olive oil dressing	£8 / £14

Mains

SEASHELLS' FISH PIE succulent pieces of cod & salmon in a white wine sauce topped with gratin mashed potato & seasonal greens	£19	BREAST OF CHICKEN oven roasted with buttered asparagus, carrot & fondant potato topped with a creamy wild mushroom sauce	£18
LAMB SHANK four hour slow roasted, red wine & rosemary jus, served on creamy mashed potato, savoy cabbage & roasted carrot	£22	DUCK LEG slow cooked, topped with an orange demi-glace, served on braised red cabbage & fondant potato	£20
CALVE'S LIVER tender slices of liver with caramelised onions & bacon in a rich red wine gravy, with creamy mashed potato, savoy cabbage & roasted carrot	£21	LASAGNE layers of thin pasta sheets with beef ragù & béchamel sauce topped with melted cheese, served with a salad garnish add a side of garlic bread (v) for £2.5, or cheesy garlic bread (v) £3	£16
RIB EYE STEAK succulent rib eye steak served with homemade onion rings, roasted tomato, fried mushroom & chips add a sauce - choose from peppercorn or mushroom £3	£29	CREAMY SMOKED SALMON & ASPARAGUS LINGUINE fresh asparagus, smoked salmon, linguine in a mascarpone & lemon sauce add a side of garlic bread (v) for £2.5, or cheesy garlic bread (v) £3	£18
PORK LOIN STEAK seared & topped with a Dijon mustard & cream sauce, served with sauteed cabbage & bacon, creamy mash potato	£18	TOMATO & BASIL LINGUINE (v) (ve) flat noodle of Italian pasta in a tomato napolitana sauce, drizzled with basil infused olive oil add a side of garlic bread (v) for £2.5, or cheesy garlic bread (v) £3	£14

Sides

CHIPS	£4	MUSHROOMS	£4	SEASONAL VEGETABLES	£4
CHEESY CHIPS	£5	ONION RINGS	£4	HOUSE SALAD	£5
FONDANT POTATO	£4	COLESLAW	£4	EXTRA GRAVY	£2

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