



**seashells**  
lounge bar & restaurant

## Main Menu

(served everyday between 12pm - 9.30pm)

### Starters

Mixed olives & ciabatta bread, extra virgin olive oil & aged balsamic (v)	£7.95
Duck liver and orange pate, red onion chutney and toasted ciabatta bread	£8.75
Salt & pepper squid served with a lime and coriander dip	£8.95
Panko breaded cajun king prawns served with a sweet chilli & garlic sauce	£8.95
Goats cheese and pea risotto (v) with fresh basil and olive oil	£8.95
Wild mushroom bruschetta (v) topped with a poached egg, parmesan shavings & a drizzle of balsamic glaze	£10.25
Deep fried breaded whitebait served with a lemon and parsley mayo	£8.95
Chef's homemade soup of the day served with ciabatta bread	£6.95

### Mains

<b>Seashells fish pie</b>	£16.50
<i>Succulent pieces of cod &amp; salmon in a white wine sauce topped with fluffy mash potato and cheese, served with vegetables</i>	
<b>Chefs homemade pie of the day</b>	£15.95
<i>Homemade pie of the day topped with a puff pastry lid, served with vegetables and potatoes</i>	
<b>Pan fried salmon</b>	£21.50
<i>Salmon fillet served on a pea &amp; lemon risotto, with vegetables</i>	
<b>Char-grilled chicken</b>	£16.95
<i>Breast of chicken wrapped in bacon &amp; topped with melted cheese served in a creamy white wine sauce, potatoes &amp; vegetables</i>	
<b>Hunters chicken</b>	£16.95
<i>Butterflied chicken breast topped with bacon, cheese &amp; BBQ sauce served with cajun fries, salad &amp; coleslaw</i>	
<b>Calves liver</b>	£17.95
<i>Tender slices of liver with a caramelised onion, bacon &amp; red wine gravy, served with creamy mash potatoes and vegetables</i>	
<b>King prawn tagliatelle</b>	£17.95
<i>King prawn, tomato, chilli &amp; basil tagliatelle topped with parmesan &amp; served with garlic bread</i>	
<b>Three little pigs</b>	£18.95
<i>Pork fillet stuffed with black pudding &amp; wrapped in Parma ham, served with a creamy stilton sauce, vegetables and potatoes</i>	
<b>Sea bass</b>	One fillet - £15.50 Two fillets - £22.50
<i>Filletted farmed sea bass, served with a wild mushroom, crayfish and parsley butter, potatoes &amp; vegetables</i>	

### Vegetarian

<b>Mixed bean chilli (v)(ve)</b>	£13.75
<i>Chefs mixed bean chilli served with fluffy rice</i>	
<b>Vegetarian lasagne (v)</b>	£12.50
<i>Served with garlic bread and mixed salad</i>	
<b>Vegetarian Curry (v)</b>	£15.95
<i>Locally sourced vegetables, served with fluffy rice</i>	

## From the grill

<b>Surf and turf</b>	£24.95
<i>Juicy 7oz rump steak with two king prawns, handmade onion rings, roasted vine tomatoes, mushrooms, &amp; chips</i>	
<b>Char-grilled rib eye steak</b>	£29.95
<i>Succulent 7oz rib eye steak served with handmade onion rings, roasted vine tomatoes, mushrooms, &amp; chips</i>	
<b>Pork T-Bone</b>	£20.95
<i>10oz pork t-bone steak served with handmade onion rings, roasted vine tomatoes, mushrooms, chips and a choice of sauce</i>	
<b>Beef burger</b>	£13.50
<i>Handmade beef patty in a pretzel bun with red onion chutney, lettuce, tomato &amp; melted cheddar. Served with chips &amp; coleslaw</i>	
<b>Lamb burger</b>	£14.50
<i>Handmade lamb patty in a pretzel bun with tzatziki, lettuce &amp; tomato. Served with chips &amp; coleslaw</i>	

<b><u>Steak sauces</u></b>	£3.50	
Peppercorn & brandy	Béarnaise	Creamy stilton

## Side orders

Cheesy garlic bread	£4.50	Coleslaw	£2.50
Garlic bread	£3.50	Chips	£3.50
Cheesy chips	£4.50	Fried mushrooms	£3.50
Onion rings	£3.50	Vegetables	£2.00
Mixed salad	£3.50	Potatoes	£2.00

## **Children's Menu** (under 12's only & includes a choice of ice cream for dessert) £8.95

<b>Home cooked ham, egg &amp; chips</b>	<i>Sliced home cooked ham with a fried egg &amp; chips</i>
<b>Sausage and mash</b>	<i>Locally made sausage with fluffy mash &amp; a choice of peas or beans</i>
<b>Handmade chicken nuggets</b>	<i>Made by our chefs using fresh chicken breast, served with chips &amp; peas or beans</i>
<b>Tomato tagliatelle</b>	<i>Ribbons of Italian pasta with a fresh tomato Napolitana sauce</i>
<b>Crispy battered fish &amp; chips</b>	<i>Served with a choice of peas or beans</i>

## Desserts

<b>Vanilla crème brûlée</b>	<i>served with homemade shortbread</i>	£7.95
<b>Chef's homemade mixed fruit crumble</b>	<i>served with custard</i>	£7.95
<b>Blackcurrant mousse &amp; biscuit base (ve)</b>	<i>with raspberry coulis, served with fresh berries</i>	£7.95
<b>Chocolate &amp; coconut tart</b>	<i>served with vanilla ice cream</i>	£7.95
<b>White &amp; dark chocolate brownie</b>	<i>served with vanilla ice cream</i>	£7.95
<b>Ice cream or Sorbet</b>	<i>(choice of flavours, please ask your server for details)</i>	£6.00
<b>Cheese board selection and biscuits</b>	£8.95 with a glass of Port	£10.95

All of our dishes are cooked to order and use fresh produce. This may cause a delay during busy periods. If you suffer from an allergy please inform your server before ordering. We cannot guarantee that any of our dishes do not contain nuts. All menu items remain subject to daily demand and availability. All prices include V.A.T at the current rate. No service charge is imposed on your bill. Gratuities are left at the customer's discretion.